



## APPLICATION GUIDE – FEBRUARY 2019

### Leadership and Parenting with Sandra Stanley

#### **BOTTOM LINE:**

Great leaders know that leadership is not limited to the marketplace; leadership begins at home.

#### **KEY TAKEAWAYS:**

- **Your only unique leadership role is that of “father” or “mother” at home.**
  - Don’t give up something that’s unique to you for something someone else can do.
  - Getting leadership right at home is far more important than anything you get right in the marketplace.
  - Leadership isn’t as much about competency as it is engagement.
  - Don’t go home and go passive. Stay engaged.
- **Leading Through the Four Stages of Parenting**
  - Discipline (1–5): The early years are when kids are learning that there are consequences for their behaviors.
    - Discipline for the 3Ds: Disobedience, Disrespect, Dishonesty
    - Discipline is important, but it’s also important to celebrate when kids are obedient, respectful, and honest.
  - Training (5–12): The training period is when kids begin learning the “why” behind the “what”—explaining while training and connecting behaviors to consequences.
  - Coaching (12–18): The coaching years are more about connecting than correcting. This is a time to coach and to allow for natural consequences.
  - Friendship (18+): You’ve reached your goal—the time when you’re able to be friends with your kids.
- **Leadership Objectives for Parents**
  - The ultimate goal is to raise children who want to be with their parents and with one another when they don’t have to.
  - You want to avoid having:
    - Perfectly behaved children who **don’t want to come home**.
    - Perfectly behaved children who **can’t wait to leave home**.
    - Children whom **you can’t wait for them to leave home**.

#### **QUESTIONS FOR REFLECTION OR TEAM DISCUSSION:**

1. If you’re a parent, what stages are you in with your children? How do these four stages impact how you view your parenting and leadership at home?
2. Leaders are familiar with setting goals when it comes to the marketplace, but may not be as familiar with setting goals at home. Do you consider yourself a goal setter at home? What are some family goals you could put in place?
3. Is the parenting strategy in your home focused on creating healthy relationships or behavior modification?

#### **RESOURCES MENTIONED:**

*For Parents Only* by Shaunti Feldhahn